DR. GEORGE SHAPIRO, D.C.

CORNERSTONE CHIROPRACTIC



Care for every body. Every age. Every stage of life.

THE POWER

IS ALREADY WITHIN YOU

A different approach to chiropractic care, rooted in movement, connection and trust in the extraordinary intelligence of the human body.





Meet Dr. George

Part scientist. Part mechanic. Always curious.

Dr. George Shapiro has always been fascinated by how things work. The human body, cars, art, astronomy, building things. He wants to understand how all the pieces fit together and what happens when one piece isn't working the way it should.

That curiosity is a big part of what makes him who he is. His grandfather, who could build and fix almost anything, taught him to appreciate how things work. His mother, a physician, showed him the importance of caring for people with compassion and dignity.

Today, after more than 30 years in practice, Dr. George brings that same curiosity, experience and personal attention to every patient.

There's science behind what he does. Knowledge. Thousands of hours spent working with his hands. But there's also instinct. Art. A genuine connection with the person in front of him.

And after all these years, he's still curious. Still learning. Still amazed by what the body can do. Still carries an "atlas vertebrae" in his pocket everyday, because you never know when there may be an opportunity to teach someone a thing or two.

"Believe in the magic. Believe in something bigger than yourself."





Dr. George's Approach

Dr. George doesn't just want to know whether something is in the right position. He wants to know if it moves.

How does it move? Where isn't it moving? How is one part of the body affecting another?

If you ask him to choose between position and motion, he'll choose motion.

"Everything in this world has motion."



Dr. George often describes himself as a mechanic when he talks about the body. But there's an important difference.

He doesn't believe the mechanic is the healer.

He believes there's tremendous intelligence already within the human body. His job is to listen, use his hands, understand how the body is moving and support it in doing what it already knows how to do.

And because every person is different, every visit begins with the person in front of him.

"The healer lives within the person. I'm just the mechanic."

Care for Every Body

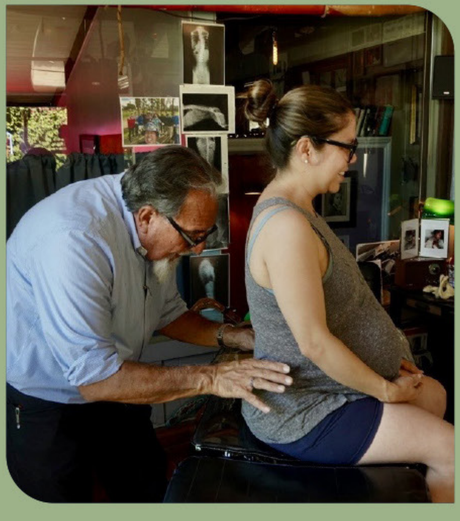
Every body is different.
And that's exactly how we approach care.

At Cornerstone, chiropractic care isn't one-size-fits-all. Dr. George has spent more than three decades caring for people of all ages, abilities and stages of life.

From expectant mothers and newborns to adults navigating injuries, physical challenges or everyday discomfort, he approaches each person with curiosity, experience and an understanding that every body has its own story.

Pregnancy & Postpartum

Pregnancy is extraordinary. As the body changes and makes room for new life, Dr. George pays particular attention to movement through the hips, pelvis, sacroiliac joints and spine. And after the baby arrives, he wants to make sure we don't forget about mom.





Babies & Children

Gentle, individualized, age-appropriate chiropractic care that respects the unique needs of growing bodies.



Adults & Families

Whether you're managing everyday aches, stiffness or changes in mobility, Dr. George looks at how your body moves and how its different parts work together.

Injuries & Physical Challenges

For patients navigating personal injuries, physical limitations or changes in function, care begins with understanding the individual, their circumstances and their goals.

Massage & Bodywork

More than massage. Different specialties. One commitment to exceptional care.

At Cornerstone, we believe that how you move, how you feel and where your body holds tension are all connected. That's why Dr. George has personally handpicked an exceptional team of massage and bodywork therapists, each bringing their own specialized training, experience and approach to caring for the body.

Together, they offer a wide range of services that can complement chiropractic care or be enjoyed on their own.

Our Massage & Bodywork Services

- **Pregnancy & Postpartum Massage:** Personalized massage adapted to the changing needs of expectant and new mothers.
- **Swedish & Relaxation Massage:** Gentle, flowing techniques to encourage relaxation and ease everyday tension.
- **Deep Tissue Massage:** Focused work to address persistent muscle tightness and discomfort.
- **Therapeutic Massage:** Individualized massage based on your body's needs.
- **Myofascial Release:** Hands-on techniques addressing tightness in connective tissues.
- **Trigger Point Therapy:** Targeted work on sensitive areas of muscle tension.
- **Craniosacral Therapy:** A gentle, light-touch approach to bodywork.
- **Visceral Manipulation:** Specialized techniques focusing on tissues surrounding internal organs.
- **Lymphatic Bodywork:** Gentle, rhythmic techniques intended to support lymphatic fluid movement.
- **Cupping Therapy:** Suction-based bodywork used to address muscle tension.
- **Light Therapy:** Noninvasive treatment using specialized light technology.

Book a session with one of our amazing therapists today!

You've Got This!

There's something special about a place where you're encouraged to ask questions, learn about your body and believe in what it's capable of.

At Cornerstone, we want you to feel welcome, understood and connected, whether you're coming in for chiropractic care, massage and bodywork or simply to learn something new.

Stay Connected with Dr. George

Dr. George loves sharing what he's learned, and after more than 30 years, he's still discovering new things himself.



Join our Cornerstone community to hear about his upcoming speaking engagements, educational talks, workshops, special events and opportunities to learn more about your extraordinary body.

"Never underestimate the power of encouragement."

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Come See Us!
BOOK A VISIT!